



Rtn. Francesco Arezzo
RI President

Rtn. K Palaksha
District Governor

Rtn. Amit Aravind
Assistant Governor

Rtn. Smitha Kamath
Zonal Lieutenant

Rtn. Shashikala Rajavarma
Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S
Rtn. Sajani Shirali
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty

Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Rotary Club Manipal :

Family Dinner Meeting

Date: 31.03.2026

Theme: Joint Meeting with RAC Manipal & MAHE / 70th Birthday Celebration of PDG Rtn Dr Gowri

Meeting Coordinator: Rtn Dr Girija A

Venue: Rotary Hall, Manipal,

No. of Participants: 55



Overview

The Family Dinner Meeting on 31 March 2026 was a grand and memorable occasion that combined celebration, fellowship, and service. Highlighted by the 70th birthday celebration of PDG Rtn. Dr. Gowri and participation of Rotaractors, the event showcased strong bonding within the Rotary family. With engaging presentations, member induction, and vibrant cultural interactions, the meeting reflected the spirit of unity, appreciation, and Rotary's commitment to creating lasting impact.

The Family Dinner Meeting of the Rotary Club Manipal was held on 31 March 2026 at Rotary Hall, Manipal, as a joint gathering with the Rotaract Club of Manipal and Rotaract Club of MAHE, along with the special occasion of celebrating the 70th birthday of PDG Rtn. Dr. Gowri. The meeting was called to order by President Rtn. Shashikala Rajavarma, who warmly welcomed the gathering of over 100 participants, creating a vibrant and festive atmosphere.

The session began with the Thought for the Day by Dr. Ranjani, followed by Rotary Information presented by Rtn. Shusheel H, emphasizing the importance of creating lasting impact through Rotary service. The event beautifully combined celebration, fellowship, and service, bringing together Rotarians, Rotaractors, and families.

A highlight of the evening was the heartfelt celebration of PDG Rtn. Dr. Gowri, whose leadership and contributions continue to inspire the club. Members expressed their affection and appreciation, making the occasion truly memorable. The programme also featured a video presentation by Rtn. Renu Jayaram showcasing the successful "Shanivara Sambrama" initiative conducted in collaboration with Craftsmantra, reflecting the club's strong engagement in youth, vocational, and community service.

The Rotaract Clubs of MAHE and Manipal presented their annual reports, demonstrating their active involvement and impactful initiatives throughout the year. Adding to the significance of the event, Dr. Divya, co-founder of Ragdima Academy of Sustainable Health and Research Pvt. Ltd., was inducted as a new member by PDG Rtn. Dr. Gowri, and warmly welcomed into the Rotary family.

The celebration continued with cake cutting, felicitation, and inspiring words from PDG Rtn. Dr. Gowri and Assistant Governor Rtn. Amit Aravind. The evening was further enlivened by cultural performances and entertainment by Rotaractors, Rotarians, and their families. The meeting concluded with announcements and a vote of thanks by Secretary Rtn. Vanishree Rao, followed by the National Anthem, group photo, and a delightful dinner. The event stood out as a joyful and heartwarming celebration of fellowship, unity, and Rotary spirit.



Club Service



Thought for the day
Dr Ranjani

Anyone can love a rose,
but it takes great heart to
accept the thorns.



Rotary Information

Rtn Susheel H



At the Rotary International Assembly in January 2026, our incoming President-elect Olayinka Babalola from Nigeria unveiled the presidential theme for the coming year: "Create Lasting Impact." And he said something that really stayed with me: "Change is only the beginning. Impact is what endures." When it transforms lives long after we've walked away. And just yesterday — literally yesterday Rotary announced six young leaders under 30 as "Champions of Tomorrow" recognised for youth-centred work in education, mental health, peace-building, and sign language inclusion across India, Philippines, Colombia, and the USA. These aren't celebrities. They're ordinary people doing extraordinary things through Rotary. That's what our organisation stands for. Not just good intentions but lasting impact. In our communities. In our families. In ourselves. So, as we gather here today, I ask each of you what's one thing you can do that will still matter five years from now? That's the Rotary challenge. Create Lasting Impact.



**The best way
to find yourself
is to lose yourself
in the service of others.**

Club Service ... (Cont'd)



31.03.2026: RC Manipal along with Jain Milan Udupi and the Jains of Udupi and Manipal organized a Pravachan on the message "Live & Let Live" to the public on the sacred occasion of Mahaveer Jayanthi in Rotary Hall Manipal. The talk was given by the Jain Gurus Muni Shri Vineeth Kumar Ji & Muni Shri Akash Kumar Ji. 10 Rotarians from RC Manipal attended the event. The Pravachan was followed by Dinner hosted by the prospective member Mr. Abhay Jain.



Host Club: RC Udupi, Zone IV Venue: Le Ruchi The Prince, Mysore



President Elect Rtn Dr Pradeep S & Secretary Elect Rtn Nausha Shetty attended the President Elect & Secretary Elect Learning Seminar. Sessions were conducted on Public Image & Youth Service, Financial Obligation & Budgeting, District Projects & Events, Roles & Responsibilities of President & Secretary, Conducting Meetings, Membership and Updating My Rotary & Zone 4,5,6 & Rotary Websites. The 2 days seminar was designed to leadership capabilities & equip the upcoming leaders of 2026-27 with knowledge, skills & tools necessary to lead the club effectively and achieve Rotary's goals for the year.

Community Service



02.04.2026: RC Manipal joined hand with Autism Society of Udupi, Dr A V Baliga Memorial Hospital Udupi, Dr Kamal A Baliga Charitable Trust Mumbai, Udupi College of Nursing, Govt First Grade College Tenkanidiyur organised a workshop on Autism Spectrum Disorder on the occasion of Autism Awareness Day. Rtn Karunakar Shetty, Community Service Director was the Guest of Honour. The program was conducted under the guidance of Rtn Dr Virupaksha Devaramane, President, Autism Society of Udupi.



04.04.2026: RC Manipal joined hand with Autism Society of Udupi & other organisations in conducting the District level cultural meet for the Autistic children & their family. The aim of the program was to identify the capabilities of autistic children, encourage them to move forward in the society with confidence. The society needs to accept them and make them inclusive. The talent show was heart warming. There were very good speakers. Presence of celebrity Shiny Shetty was applauded by the crowd. 10 Rotarians of RCM attended the event. Annette Archana, Rtn Jaivittal, Rtn Vijayalaxmi Jaivittal & Rtn Prema Patil actively participated in the cultural event.



New Generation Service



31.03.2026: Joint Meeting was conducted by RC Manipal, RAC MAHE under the Leadership of President Dhwane & RAC Manipal under the leadership pf President Elect Himanshu presented their respective Club Report. They conducted numerous activities for the year and they were systematically represented. They also conducted entertainment program. About 35 Rotaractors were present for the meeting from both clubs.

Rotarians in Action



Congratulations Rtn Renu Jayaram for being nominated as Charter President of BNI Ananth, 3rd Chapter of Udupi



Theme



Rotarians & family attended the stalls at Namma Angadi Expo organised by MIC, Manipal & Udayavani under the leadership of Rtn Shubha H S, Director, MIC Manipal. New Member Rtn Divya also held a stall of Ayurvedic Wellness product through Ragdima.

Celebrations



01-Apr	John Aarush Amit Nayak s/o Rtn Amit Aravind	Birthday
01-Apr	John Chris Jordan Sumithra s/o Rtn Roshan Denzil Sumithra	Birthday
04-Apr	Rtn Padma G M Rao	Birthday
06-Apr	Rtn Dr Virupaksha Devaramane	Birthday
06-Apr	Rtn B Karunakar Shetty and Rtn Hema Shetty	Anniversary
06-Apr	Rtn Subhodh Shetty and Ann Asha Shetty	Anniversary